

COMMUNITY GROUP STUDY GUIDE**True Happiness**

Psalm 1

PRAYER

Spend time praying together as a CG. See leader email for specific requests.

APPLY // PHILIPPIANS 2:1-11

Consider practical ways to apply the text of Scripture. Think about implications at the individual and corporate level remembering God's word shapes our beliefs and our behaviors.

1. Read Philippians 2:1-11.
2. What's the overall argument of this passage?
3. How does this passage aim to promote humility in us?
4. Why is pride sinful?
5. Why is it so hard for us to "consider ourselves the least important person in the room"?
6. How does a humble mindset build up the body of Christ?
7. Pray that we would be a humble people exalting and exulting in Jesus.

STUDY // PSLAM 1 (SERMON TEXT FOR FEBRUARY 3)

Study the passage of Scripture aiming to faithfully interpret and apply what you observe. Remember we study God's word not just to increase our knowledge, but to increase our trust in and treasuring of Jesus Christ.

1. Read Psalm 1.
2. What comparisons and contrasts do you see in this Psalm?
3. What does it mean to be "blessed"?
4. What do you notice the "blessed" avoid?
5. What is the "law of the Lord"?
 - a. What does it mean to delight in it?
 - b. What does it mean to meditate on it?
 - c. What does it mean to meditate on it "day and night"?
6. What do you notice about the imagery in verse 3?
7. What does it mean that "in all that he does, he prospers"?
8. What do you notice about the imagery in verse 4?
9. What's the significance of "Therefore" at the beginning of verse 5?
10. What does it mean "the Lord knows the way of the righteous"?
11. How does this passage point us to and find its fulfillment in Jesus?
12. If you had to summarize Psalm 1 in a sentence or two, how would you do that?

13. General Bible study questions:

- a. What does this passage teach me about the character of God?
- b. What does this passage teach me about myself and my need for God?
- c. How does this passage teach me that God has met my needs in the person and work of Jesus Christ?
- d. How should I respond with my affections and my actions?

ACCOUNTABILITY

Relationships developed and deepened during accountability provide regular encouragement, and when necessary admonition, to spur each other on to delight in the supremacy of Jesus Christ. Ask one another heart-probing, clarifying questions, and help each other apply the gospel to your lives.

QUESTION: Are there specific areas of selfish ambition or conceit that you need to put off by putting on humility? What might that look like?