

COUNTERFEIT gospels



Justification by Busyness

Various

Main Idea

Being connected/busy is not always a good thing!

Overview

I. Your justification comes in Christ Alone

- Busyness grows out of glory chasing
 - The pursuit of power is often the pursuit of personal glory
 - We find ourselves busy oftentimes b/c we want to advance our own glory
 - The advance of our glory seeks justification in mankind
- Default mode of human heart is justification by works
 - Protestant Christians believe in Justification by Faith in Christ
 - But we often live as though we believe in Justification by works
- Paul illustrates this in Galatians 1.1-10 & 2.15-21
 - Shows how we are Justified by grace through faith in Christ
 - 1.10 illustrates how we either are working from/towards justification by mankind or by God: We are in one of the two camps
 - Many people's busyness is b/c they aren't living in the Justification by faith in Christ and are attempting to seek justification by mankind
 - Gospel teaches us that we are justified by faith in Christ, we have peace with God (Romans 5.1)

II. Laziness births busyness

- Proverbs 6.6-11
 - Learning from the ant we see:
 - No one drives them, driven by their created purposes
 - They are diligent to prepare and gather, stay in front of things
 - Vss. 10-11: Laziness/procrastination brings about poverty and want (time)
- Eph. 5.14-17: We should be wise and make the most the BEST use of time
- All of this busyness creates problems:
 - We are too busy to think deeply
 - We are too busy for meaningful relationships
 - We are too busy for Jesus

III. Practical Suggestions

1. Take Regular Sabbath: Deut. 5.12-15
 - a. Rest, Reflect, Remember
 - i. Rest: From work
 - i. Reflect: On God's creation

- i. Remember: Your redemption
- 2. Pray: Prayer communicates dependence & quiets the heart
- 3. Take a Nap: Not for sluggards, but those that need to rest
- 4. Go to bed on time and wake up on time: Ps. 127.2: Sleep is a gift
- 5. Trust: You are not the Holy Spirit, don't try to call His hand in your labors
 - a. Is. 30.15-16: Rest, repentance, and trust that is your strength
- 6. Turn off electricity: Phones, TVs, laptops, etc. Sit still before the Lord, and have meaningful conversations
- 7. Get a calendar and plan your work and work your plan
- 8. Go to dinner w/ a Christian friend and make it a point to discuss meaningful things
- 9. Say No: Even to good things
- 10. Journal your thoughts of regarding scriptures, prayers, life in general

Questions

Discussion Starter: Why are people so busy? What keeps us so busy?

1. Read Galatians 1:6-10. Verse 10 talks about being 'justified' by man...How do we seek Justification by mankind in our busyness?
2. Read Galatians 2:15-21. When we say: "We are Justified by grace alone in Christ alone by faith alone" what does that mean?
3. Read Romans 5:1-2. How does the Gospel answer this?
4. According to Proverbs 6.6-11 how should we learn from the ant?
5. How does laziness/procrastination give rise to busyness?
6. How does busyness make us too busy for thinking, relationships, and Jesus?
7. Why wont the practical suggestions wind up always changing us?
8. Why should we care to live lives that have rhythm, good pace, and depth as Christians?\\

Accountability Question: What are some "busy" areas of your life that require repentance & change? How does grace enable that change?