

# COUNTERFEIT gospels



## A Biblical View of Sex

Proverbs 5

### Main Idea

Treating sex as God intends satisfies more than lust ever gives.

### Overview

#### **I. God's Standard Not Man's (vv. 21-23)**

- We must evaluate sex and lust according to God's standard not man's standard; God is the Creator; he creates all things and he creates order, or rules for those things. (v. 21)=
- God's rules are for our good
  - 1: Just as a train only runs on the tracks for which it was designed, God has laid tracks on which we are designed to run and we have the greatest joy when we are living in God's world according to God's Word.
  - 2: God's rules remind us that we fall short of what God demands and this it points us to the one who did not fall short, Jesus
- Following our own rules leads to us "to be ensnared and held fast to the cord of our sin and to death."

#### **II. Lust leads to shallow satisfaction and regret (vv. 3-14)**

- The forbidden woman represents anything lustful – lust is craving sexually what God has forbidden
- Lust leads to shallow satisfaction
  - What is forbidden is enticing – sweet as honey, smooth as oil
  - What is forbidden is shallow - Lust drips honey but ends up being bitter; lust has smooth speech, but ends up being sharper than a two-edge sword. Lust does not provide what it promises.
  - One of Satan's greatest devices to draw the soul to sin is to present the bait and hide the hook
- Lust leads to regret
  - Lust leads to death (primarily spiritual), robs your honor, causes you to waste your life, be taken advantage of by strangers
  - A life filled with lust is a life filled with regret, that causes you to look back on your life with a long list of "If only..."

#### **II. A Biblical View of Sex leads to Superior Satisfaction in Christ**

- The best way to fight lust is not by saying "No" to bad things, but by saying "Yes" to the best things, those that point to God himself
- Biblical sex is exclusive sex in the context of marriage – use of "own" in verses 15-17
  - God designed sex to be exclusive because the affects of sex are permanent
  - Because sex is not just something you do, it's who you are
- Biblical sex is pleasurable – use of wholesome, rich, sexual language in verses 18-19

- What about those who are single? How do they find superior satisfaction in something they cannot participate in?
  - Treating sex as God intends, not necessarily participating in, but treating sex as God intends satisfies more than lust gives. Why?
  - Lust gives temporary satisfaction, where as holding to a biblical view of sex, even as a single person, brings eternal satisfaction because it points to the one who is eternally satisfying, Jesus Christ
    - The superior satisfaction that comes from biblical sex is eternal, not because of something on the physical level, but because of something on the spiritual level
    - The sexual intimacy reflected in marriage points to the intimacy Christ has for his bride, the church – and because this is taught objectively in Scripture, Hosea, Ezekiel, and Ephesians 5 among other places, not subjectively learned through experience, it can be grasped by both married couples and those who are single.

### Questions

*Discussion Starter: CS Lewis: ““We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased.” Do you think that quote is accurate? Why are we too easily pleased?*

1. Why is it important to understand God is after our joy not just our obedience?
2. What in our culture tells us people are looking to sex to find happiness?
3. Why is it important that the church talk openly about sex as God intends? What are the dangers if the church does not?
4. Read Proverbs 5:1-4. What do we see in this passage that tells us lust is enticing? Why is it so enticing?
5. What do these verses tell us about the satisfaction that comes from lust? Does experience prove this to be true?
6. What are some practical ways we can remind ourselves of the shallow satisfaction of lust?
7. Read Proverbs 5:5-14. What type of life does lust lead to?
8. According to verses 7-8 what are some practical ways to battle lust?
9. “The best way to fight lust is not by saying “No” to bad things, but by saying “Yes” to the best things, those that point to God himself.” Why is this the case?
10. Read Proverbs 5:15-20. According to verses what constitutes a biblical view of sex?
11. Why is sexual intimacy exclusively reserved for married couples?
12. How sexual intimacy point us toward Christ and the gospel?
13. What unique advantages does a married couple have in regards to sexual desires? What unique advantages does a single person have in regards to their sexuality?
14. How can a single person find superior satisfaction in something they cannot participate in?