

REVEALED

An Exposition of the Book of Mark



Lord of the Sabbath

Mark 2:23-3:6

I. Jesus is authoritative over the Sabbath

- A. Disciples are not breaking Law, but Pharisees additions to the Law
- B. If David and his men are able, how much more is Jesus and His followers
- C. Jesus as the Lord of the Sabbath was an astounding claim
 - 1. Sabbath was a Holy Day
 - 2. Jesus as Lord of a Holy Day was a very authoritative claim
 - a. Only God could make such a claim
 - b. This authoritativeness was in keeping with the flow of the book
- D. Chapter 3.1-6 is the proof of the previous claim of Jesus as Lord of Sabbath
- E. Jesus is not primarily concerned about Sabbath behavior
 - 1. Question was primarily concerned about the authoritativeness of Jesus
 - 2. Jesus as Lord of the Sabbath would be something only God could claim

II. Sabbath was made for man, not man for the Sabbath

- A. Sabbath is a gift
 - 1. Gift was given to man
 - 2. Man was not given as a gift to Sabbath
- B. Word means to cease
- C. Commanded to cease from working on the Sabbath
- D. More to it than just not working
- E. Two parts to Sabbath
 - 1. To rest
 - 2. To be Holy
 - 3. Sabbath is to be a Holy Rest
- F. God is not tired when He rests...He surveys His work and is satisfied in it
- G. Sabbath is given to mankind to rest and wonder at God

Questions

1. Why is it we as human beings gravitate so often towards “religion” (i.e. adding or taking away rules and measuring ourselves externally?)
2. What is so significant about Jesus being the Lord of the Sabbath?
3. Why would God give Sabbath as a gift to mankind?
4. Why do we not participate in Sabbath?
5. What are some things we can do to build in these two aspects of Sabbath into our lives?
6. Why does a lack of Sabbath contribute to a lack of depth?